

THE ORGANIC WAY TO IMPROVE  
STRESS RESILIENCE

 **indena**<sup>®</sup>  
INDUSTRIA  
DERIVATI  
NATURALI

HEALTH - FOOD

# ENOVITA<sup>®</sup> ORGANIC

100% ORGANIC OPCs RICH  
GRAPE SEED EXTRACT

 **enovita**<sup>®</sup>  
ORGANIC



FR-BIO-09  
AGRICULTURE - UE



## WHAT IS ENOVITA® ORGANIC?

**ENOVITA® ORGANIC** is the 100% organic grapeseed extract, certified by CertiPaq Bio, in compliance with EU and USDA organic regulations.

## SPECIFICATIONS

**ENOVITA® ORGANIC** is standardized to provide:

≥**95.0%** of **proanthocyanidins** by spectrophotometry, ≥**5.0%** ≤**15.0%** of **catechin and epicatechin** by HPLC.

## RECOMMENDED USE AND DOSE

**ENOVITA® ORGANIC** is a orange-brownish powder for use in nutraceuticals and food products.

Recommended dose: 2 x 150 mg/day.

## TRADEMARKS

**ENOVITA®** is a trademark of Indena S.p.A. and its logo and usage guidelines are available from Indena.

### References

<sup>1</sup> Belcaro G, Ledda A, Hu S, et al., Evidence-Based Complementary and Alternative Medicine, in Press.

## WHAT MAKES ENOVITA® ORGANIC UNIQUE?

In the production of **ENOVITA ORGANIC®**, the entire process is **environmentally friendly and based on a fully upcycling approach**:

- firstly, grapes are the product of a **farming system that avoids the use of chemical fertilizers and pesticides**;
- then, grape seeds are winemaking by-products, resulting from upcycling operations;
- lastly, **only water is used as a solvent** during extraction, and **resource consumption is carefully measured and optimized**.

New evidence has shown an unexpected result: **ENOVITA ORGANIC®** is effective in **improving mood, stress management and quality of life, as well as in reducing perceived stress and worries**.

Findings are supported by a new human study Indena conducted in 2021 with a Perceived Stress Questionnaire focused on these effects, to assess subjectively experienced stress independent of a specific or objective occasion.

**ENOVITA ORGANIC®** is a **true sustainable ingredient** improving mood and resilience related to the perception of stress, then it **helps modulate blood pressure in a wide population**—so you can be ready to face the hard challenges of our time.

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