## FEEL GOOD, SLEEP WELL AND HAVE A BETTER MOOD

# Safforce+

## Mental and sensory health

### About Safforce®

Worldwide, a lot of people are suffering from sleep disruption, insomnia, depressive thoughts, and feel anxious. This can cause into functioning poorly at work, other health problems and poor relationships.

Safforce® is a natural standardized extract from Saffron (Crocus Sativa), a common plant cultivated in Spain. Saffron has been used as a medicinal plant for over 3,000 years thanks to its therapeutic properties. We extracted Safforce from the stigmas and flowers of the plant using ecological proprietary separation technology, and normalized the composition on the extracts on the basis of their concentration in active principles.

According to different studies, Safforce's components show efficacy agains health problems rela ted to mental health (mood disorders), sleep distrubances and loss of vision (i.e. macular degeneration). In additon, saffron active principles can help you to control appetite.

## Safforce helps you on various health conditions because of it's antioxidant power and natural satiating effect.

- Management of
  depression
- Management of anxiety
- Management of depressive symp-toms associated with menopause
- Helps with post-partum de-pression
- Appetite control
- Helps on sleep disturbances
- Helps control loss of vision



## **DISCOVER THE UNIQUE EFFECTS OF SAFFORCE**

## Clinical study

Safforce is an aqueous extract of Saffron, consisting of more than 150 different compounds, but standardadized to the four main bioactive components: Crocin, Crocetin, Picrocrocin and Safranal.

Standardization is an essential requirement to develop reproducible studies addressing the pharmacological properties of Saffron. Standardized products might help to confirm the beneficial effects on sleep and mood disorders, anti-tumoral, anti-genotoxic, anti-neuro-pathic pain, anti-diabetic or relaxant properties of saffron.

Among the principal indications of Saffron extracts, anxiety and depression have been studied to assess the efficacy of its administration on emotional well-being and to evaluate the response to a lab–based psychosocial stressor. After an 8-week supplementation of 30 mg sSaffron extracts participants who received the Saffron extract, reported a reduction of their depression scores, and even improved their social relationships contributing to increased resilience against the development of stress-related psychiatric disorders.

Safforce offers an unique guarantee of quality, offering an stable proportional composition of the main active principles, based in late state-of-the-art extraction and separation procedures. This unique stadardization provides a solid reference for efficacy, in a composition without any additional ingredient added, devoid of known side effects.





#### Disclaimer

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### Advenion

One Broadway, 14th Floor, Cambridge MA 021421 United States advenion@advenion.com Phone +1 (617) 861-6332 www.advenion.com

