

Natural stress and sleep support

Ocimum™ is a standardized extract of Holy Basil (Tulsi), a revered adaptogenic herb. Traditional Ayurvedic use meets modern science.



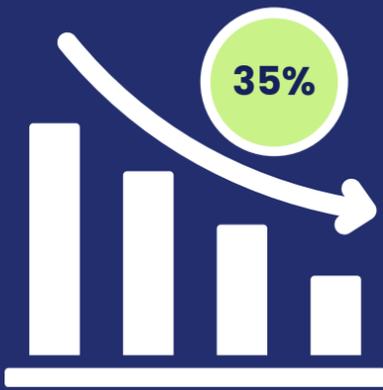
60 subjects



300 mg/day



8 weeks



Serum Cortisol Levels:

- Clinical studies show Ocimum™ helps reduce cortisol levels, the stress hormone.
- Promotes a sense of calm and well-being.

DASS 21:

- Depression
- Anxiety
- Stress
- Mood



Significant reduction in DASS-21 scores (Depression, Anxiety, Stress Scale) from baseline to end of treatment.

Improved sleep quality



- Ocimum™ improves sleep quality, promoting restful nights.
- Improved Stanford Sleepiness Scale scores.
- Supports a healthy sleep cycle.

Applications



- Versatile for use in various product formulations.
- Suitable for capsules, tablets, powders, and more

Quality & Sourcing



- Sustainably sourced, high-quality Holy Basil.
- Rigorous testing and standardization for optimal efficacy.
- Produced with Bioactive Stabilization Technology.

Key Benefits

Stress management



Anxiety Relief



Improved sleep



Mood support

